



100 MILES. 100 RIDERS. 100 CHARITIES.

ENTRY FORM

Welcome to the ride! Please complete the form below and fax to 212.378.4231 or email to ron@the100mileman.com. Upon receipt, you will get a welcome pack with all ride details and information.

I plan on riding the full 100 miles! I plan on riding the 50 mile option.

Last Name, First Name: _____

Sex: M____ F____ Age _____ First cycling event? Yes____ No _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Phone (Day): _____ Phone (Cell): _____

Emergency Contact Name: _____

Relationship to rider: _____ Cell Phone: _____

Medical concerns (allergies, etc): _____

Jersey Size: S__ M__ L__ XL__ XXL__ Shorts Size: S__ M__ L__ XL__ XXL__

I am signing up as a:

GOLD RIDER and pledge to raise \$10,000 for:

The 100 Mile Man Scholarship Fund

(Providing full college tuition for inner-city kids from the New York City area.)

-OR-

My favorite charity: _____

SILVER RIDER and pledge to raise \$5,000 for The 100 Mile Man Scholarship Fund

Signature _____ Date _____

If you have any questions, please contact Ron Tesler at 212-378-4244 or e-mail ron@the100mileman.com



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YOUR REGISTRATION MUST INCLUDE THIS SIGNED WAIVER.

CITY TO THE SAND BIKE TOUR 2009 WAIVER

In consideration of your acceptance of my application for participation in the City to the Sand Bike Tour, Saturday, September 12, 2009, I the undersigned, for myself, my heirs, executors, administrators, and assigns, waive and release any and all claims for damages, for death, personal injury, or loss of property, I may have or which may accrue to me as a result of my participation in the City to the Sand Bike Tour. I, the undersigned, discharge and release The100MileMan Foundation, and all other sponsoring agencies, governmental entities, businesses and organization, and their respective agents, boards, trustees, directors, officers, subsidiaries, affiliates, parent companies, commissions and any other involved municipalities, and employees and representatives of the foregoing, from all liability arising out of our connected in any way with my participation in this event, whether or not caused by the negligence of any of the above parties. I acknowledge that the City to the Sand Bike Tour contains risks, including the risks of falling, collision with other bicyclists, motor vehicles, or stationary objects, and the conditions of the road. My participation is voluntary and done at my own risk. I voluntarily assume all risks of loss, damage or injury for the completion of this event. I recognize that an event of this nature can be physically demanding. I acknowledge that The100MileMan Foundation's recommendation that I consult with a physician regarding the advisability of my participation in this activity. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties is not an admission of liability to provide or to continue to provide any such services, and is not a waiver by any of said parties of any right hereunder. I understand that serious accidents occasionally occur during the City to the Sand Bike Tour, and that participants in this event may sustain mortal or serious injury as a consequence thereof. Nevertheless, I agree to assume these risks and to release and hold harmless all of the persons mentioned above who might otherwise be liable to me for damages. I grant to the City to the Sand Bike Tour Medical Director and his designee access to my medical records and physicians relating to the medical care that may be administered to me as a result of my participation in the City to the Sand Bike Tour. I attest that the equipment that I will use in this event is in good mechanical condition. I UNDERSTAND THAT BICYCLE HELMETS CAN PREVENT SERIOUS INJURY AND I AGREE TO WEAR ONE WHILE PARTICIPATING IN THIS EVENT. Use of headphones (iPods, walkman, radios, etc.) is NOT ALLOWED due to safety concerns. I agree to abide by the rules of the event as established by the promoting organization and to obey the directions of the officials. I hereby grant full permission to City to the Sand Bike Tour to use photographs, videotapes, motion pictures, or any other record of this event including my name, likeness, and voice for any legitimate purpose. I have read and understand everything written above, and I voluntarily sign this agreement.

SIGNATURE OF PARTICIPANT

DATE